



One of a Kind Experiences



- At Leaves and Lizards your tours are personalized and can be customized to meet your needs. We believe in creating high quality, safe, memorable experiences for our guests.
- Rates for tours, not based at Leaves and Lizards, are set by the commercial operators. We carefully selected our outside tour providers based on safety, value and experience.
- Some of our tours require an advance reservation.
- Once our tour guide is scheduled a cancellation fee of ½ the tour rate will be charged with less than 48 hour notice.
- *Please note: Rates and service and times are subject to change at any time.*
- Weather conditions may limit tour availability.
- If you don't see what you are looking for, just ask we can make arrangements for most any type of activity and work with all the providers in the area.
- Items marked with "YC" are good options for families with *Young Children* under 6 years old.
- Please Note: Transportation is not included in most cases. We are happy to arrange for transports.
- Tours with a # do not need transportation or it is included. In most cases transportation is extra.
- **Starred** * *items are exclusive Leaves and Lizards tours and are part of our rural tourism program.* Rural tourism promotes community involvement in the activities at Leaves and Lizards. Part of the proceeds from our rural/community tourism tours goes back into the community.
- Items marked with a 'W' are the best options to see wildlife.

We believe tourism should enhance a community, not over shadow it.



Name of Tour	Adult Rate/pp (US\$)	Child/Student Rates	Comment <i>approx time to allow for each activity</i>
Mundo Aventura or Sky Trek Canopy Tour Zip Line	\$67-Mundo \$77-Sky Trek	Under 12 \$51	<u>Times:</u> Mundo Aventura: 0800 - 1030- 1:30pm 12 lines Sky Trek: times vary, is less strenuous and shorter. Ask at reception. 4 hours Moderate
*#W Horseback Ride to our Private waterfall	\$89 <i>This is our most popular activity</i>		<i>Allow a Full Day - much more than your typical trail ride, swim at waterfall in jungle!</i> Includes our orientation and lesson on relationship based riding, lunch, professional naturalist guide and a local guide. Weight limit 250lbs. Min. 3 hours in the saddle. Beginning riders OK. Moderate
*#W Horseback Riding	\$70pp/ride		<i>With Spanish speaking safety guide (approx. 2 hours) (must have had orientation before riding)</i>
*#W Cowboy for a Day	\$95-\$120/pp		Costa Rica Ranch experiences. Please ask for more information. Must do another ride first. Ride to a 2 nd waterfall. 24 hour advance notice. Full Day. Moderate.
Combo Zipline- Rapel	\$110	Under 12 \$72	Add a 300 foot rappel down the Penas Blancas waterfall on the zip line circuit at Mundo Aventura. ½ Day
Canyoneering	Pure Trek- \$101: Includes meal min. age 5 yrs. 7am & 12 Noon Desafio- \$99: Includes meal 13 yrs to 60 yrs. 230 lbs. 7:30/9a/1pm La Roca- \$98: Includes meal minimum age 6 . 7am/9am/11am		
Gravity Falls Waterfall Jump	Desafio -\$125 - Activity for the Adrenaline Junkie 9:30 am		
*#Y W Professional Guide for a Day	Half Day \$85 Full Day \$125	<u>Favorites:</u> Arenal National Park Cerro Chato El Silenco Preserve Rio Celeste	Park Entrance fees not included. 4-8 hours Hanging Bridges are \$22/pp Varies <u>Arenal Hanging Bridges</u> Birdwatching One of our most popular tour options.
Wave Expedition Rafting	\$70 Balsa II III \$89 Sarapiqui III IV	Under 12 \$63 N/A	Lunch included. 6-8 hours Moderate Suggested minimum age 10 years.
# Wave Link to/from SJO area	\$89 Balsa Link to/from San Jose Area \$99 Sarapiqui to/from San Jose Area		Make the most of your travel day coming or going to SJO! Ask about pick up times. Balsa River <8 years old, Sarapiqui >12 years old.
*#YCW Dia de Campo	\$65	\$50	Lunch included Full Day. Farm Activities, cultural immersion. One of our most popular Tours Easy
Venado Caverns	\$25		Pay at park entrance. 5 hours Moderate Suggested Minimum age 8 Last tour at 2:30pm
*#YCW Private naturalist guided Jungle Safari River	\$69/pp Penas Blancas Rio Frio/Cano Negro \$65/pp 4 or more \$80/pp 3 people \$105/pp 2 people		<u>Penas Blancas Float Trip:</u> 7:30 am or 1:30 pm start times. Easy <u>Rio Frio/Cano Negro:</u> Drive your rental car with our guide. Includes Lunch -8 hours Easy
#Eponicity Equine Facilitated Learning Experience	\$100/pp	<u>Family Rate:</u> \$350 (4+ people)	<i>Learn about relationship based riding, how horses are mirrors to our emotional state and understand how standing in our own power with a horse can empower us in our day to day lives. Allow 6 hours for this experience.</i>
*# W Cano Negro Back Country Kayak Adventure	2-3persons \$165/pp 4 or more \$155/pp		<i>Full Day Tour. Includes: Transportation, professional guide, breakfast and lunch. Minimum age 10 years. Moderate</i>
YC Organic and Medicinal Farm Tours, Coffee, Chocolate Tours	Varies	Varies	Ask at desk for current options, schedules and rates. Easy
*# Costa Rica Cooking Tour	\$25/pp	\$15/pp	Join our cooks in the kitchen at the Lava Lizard and learn how to prepare Costa Rican foods. Lunch included. Easy
*#YC Asis Wild Life Rescue Center	\$54-volunteer \$31-tour	\$31 5-9 yrs \$18 5-9 yrs	<i>Tour the center or volunteer 0830 or 1pm. Advance Reservations required. Easy</i>
# YCTaxi Boat Taxi from/to Monteverde	\$32		<i>Travel by taxi to Lake Arenal and transfer across the lake between La Fortuna and Monteverde. 3 hours. Extra pick up fee from L&L is \$40.</i>
ATV Tours	\$120		<i>Not a typical ATV tour, it is not nose to tail! This IS the experience you are expecting!</i> Moderate

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