



2017 Holiday Vacation Packages

In keeping with our retreat atmosphere, we are SLOWING things down during the holidays this year. Longer stays allow time to recharge our human battery. We are only taking PACKAGE reservations from Dec. 20TH, 2017 until Jan. 4TH, 2018. We serve farm to table fresh food, offer free guided nature walks in the morning and farm chores at 0700. Packages can be customized. Check out our [TOURS](#) pages on our website for additional activities.



6 Night - Adventure Package

This adventure package will get your adrenaline pumping! Activities are appropriate for children over 8 years old.

Includes:

- Private Round Trip Airport Transportation from SJO or LIR
- **White Water Rafting** Class II –III. OR Class III-IV (children >12) (includes transportation)
- Daily Yoga – *No experience necessary, gentle yoga will guide and awaken your energy centers.*
- **Zipline** at Mundo Adventura
- **Horseback riding** to our private waterfall – *Professionally guided*
- 2 hours of massage/spa services
- All on-site meals
- **2 free days** for Activities of your choice. Not included in the price.
- Lodging in one of our deluxe cabins – *enjoy the views from your private porch & outside shower; sleep well in our comfortable beds with fine linens. Farm fresh milk and juice provided daily.*

NOT Included: Tips, alcohol or soda pop, activities and transportation on free days, off site meals, park entrance fees.

\$1750/pp Double Occupancy \$650/child with 2 paying adults.

Start and end dates are open.

[Contact US](http://www.leavesandlizards.com) www.leavesandlizards.com



7 night Mini-Sabbatical Package

Unplug to Recharge during this weeklong retreat. Take time for yourself; re-discover what it like is to be a human BEING instead of a human DOING.

Includes:

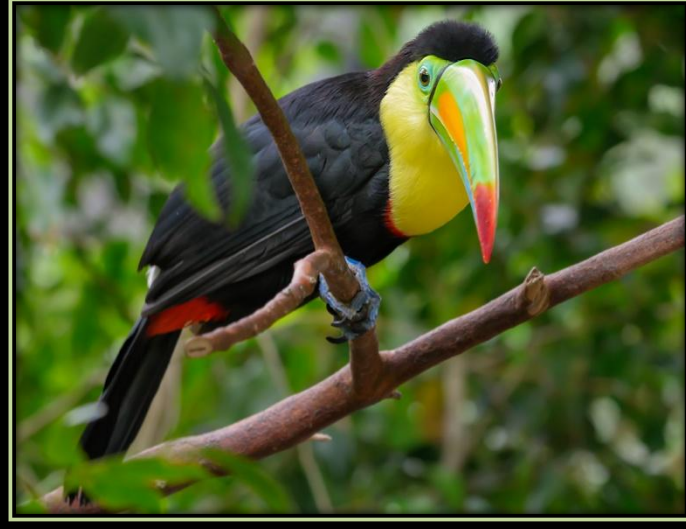
- Private Round Trip Airport Transportation from SJO or LIR
- 2 day **Eponicity Equine Workshop**- *No prior horse experience is necessary. Equine facilitated learning offers benefits to everyone. Let our horses guide you away from the busy noise of day to day living and into a more heart centered way of being. Workshop led by Debbie Legg and Sally Nilsson, Eponaquest Instructors.*
- **Daily Yoga** – *No experience necessary, gentle yoga will guide and awaken your energy centers, supporting the process of quieting ourselves.*
- **Horseback riding** to our private waterfall – *Professionally guided*
- Horseback ride to our river
- **6 hours of massage**/spa services
- All on-site meals
- **Time for optional Activities** (transportation and cost of activity not included in the rate) .
- Lodging in one of our deluxe cabins – *enjoy the views from your private porch and outside shower; sleep well in our comfortable beds with fine linens. Farm fresh milk and juice provided daily in your mini-fridge.*

NOT Included: Tips, alcohol or soda pop, activities and transportation on free days, off site meals, park entrance fees.

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6 night - Nature Package

Get into the Jungle! Learn about the rainforest. Activities are appropriate for children >5 years old.

Includes:

- Meals when on-site
- Private Round Trip Airport Transportation from SJO or LIR
- **Cano Negro Jungle River Boat Trip** (Includes Transportation)
- Daily Yoga – *No experience necessary, gentle yoga will guide and awaken your energy centers.*
- **Professional Guide for the Day** – *Explore the rainforest with one of our professional naturalist guides. Favorite locations are Arenal Hanging Bridges and Arenal National Park (includes transportation for the day)*
- **Proyecto Asis Wild Life Rescue Center** Full Day Volunteer Experience – help care for the rescued wild animals at the animal sanctuary. (Includes Transportation)
- 2 hours of massage/spa services
- **2 free days** for Activities of your choice. Not included in the price.
- Lodging in one of our deluxe cabins – *enjoy the views from your private porch & outside shower; sleep well in our comfortable beds with fine linens. Farm fresh milk and juice provided daily in your mini-fridge.*

NOT Included: Tips, alcohol or soda pop, activities and transportation on free days, off site meals, park entrance fees.

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