



# One of a Kind Experiences



- At Leaves and Lizards your tours are personalized and can be customized to meet your needs. We believe in creating high quality, safe, memorable experiences for our guests.
- Rates for tours, not based at Leaves and Lizards, are set by the commercial operators. We carefully selected our outside tour providers based on safety, value and experience.
- Some of our tours require a 24 hour advance reservation.
- Once our tour guide is scheduled a cancellation fee of ½ the tour rate will be charged with less than 48 hour notice.
- Rates and service are subject to change at any time.
- Weather conditions may limit tour availability.
- If you don't see what you are looking for, just ask we can make arrangements for most any type of activity and work with all the providers in the area.
- Items marked with "YC" are good options for families with *Young Children* under 6 years old.
- Please Note: Transportation is not included in most cases. We are happy to arrange for transports.
- Tours with a # do not need transportation or it is included. In most cases transportation is extra.
- **Starred** \* items are exclusive Leaves and Lizards tours and are part of our rural tourism program. Rural tourism promotes community involvement in the activities at Leaves and Lizards. Part of the proceeds from our rural/community tourism tours goes back into the community.
- Items marked with a 'W' are the best options to see wildlife.

*We believe tourism should enhance a community, not over shadow it.*



Name of Tour	Adult Rate/pp (US\$)	Child/Student Rates	Comment <i>approx time to allow for each activity</i>
<a href="#">Mundo Aventura</a> or Sky Trek Canopy Tour Zip Line	\$67-Mundo \$77-Sky Trek	Under 12 \$51	<u>Times:</u> Mundo Aventura: 0800 - 1030- 1:30pm 12 lines Sky Trek: times vary, is less strenuous and shorter. <b>Ask at reception.</b> 4 hours <b>Moderate</b>
*#W Horseback Ride to our Private waterfall	\$80 <i>This is our most popular tour.</i>	Allow a Full Day - much more than your typical trail ride Includes Lunch, a Professional Naturalist guide and a local guide. <b>Includes lesson on relationship based riding. Min. 2 hours in the saddle.</b> <b>Beginning riders OK. Moderate</b>	
*#W Horseback Riding	\$50/hour/pp	<i>With Spanish speaking safety guide</i>	
*#W Cowboy for a Day	\$95-\$120/pp	Costa Rica Ranch experiences. Please ask for more information. Must do another ride first. Ride to a 2 <sup>nd</sup> waterfall. 24 hour advance notice. Full Day. <b>Moderate.</b>	
Combo Zipline- Rapel	\$110	Under 12 \$72	Add a 300 foot rappel down the Penas Blancas waterfall on the zip line circuit at Mundo Aventura. ½ Day
Canyoneering	Pure Trek- \$101: Includes meal min. age 5 yrs. 7am & 12 Noon Desafio- \$99: Includes meal 13 yrs to 60 yrs. 230 lbs. 7:30/9a/1pm La Roca- \$98: Includes meal minimum age 6 . 7am/9am/11am		
Gravity Falls Waterfall Jump	Desafio -\$125 - Activity for the Adrenaline Junkie 9:30 am		
*YC W Professional Guide for a Day	Half Day \$85 Full Day \$125	<u>Favorites:</u> Arenal National Park Cerro Chato El Silenco Preserve Rio Celeste	Park Entrance fees not included. 4-8 hours <i>Hanging Bridges are \$22/pp Varies</i> <a href="#">Arenal Hanging Bridges</a> <b>Birdwatching</b> <b>One of our most popular tour options.</b>
Wave Expedition Rafting	\$70 Balsa II III \$89 Sarapiqui III IV	Under 12 \$63 N/A	Lunch included. 6-8 hours <b>Moderate</b> <b>Suggested minimum age 10 years.</b>
# Wave Link to/from SJO area	\$89 Balsa Link to/from San Jose Area \$99 Sarapiqui to/from San Jose Area		Make the most of your travel day coming or going to SJO! Ask about pick up times. Balsa River <8 years old, Sarapiqui >12 years old.
*YCW Dia de Campo	\$65	\$50	Lunch included Full Day. Farm Activities, waterfall trip, cultural immersion. <b>One of our most popular Tours Easy</b>
Venado Caverns	\$20	Pay at park entrance. 5 hours <b>Moderate</b> Suggested Minimum age 8 Last tour at 2:30pm	
*YC W Private naturalist guided Jungle Safari River	\$65/pp/adult- Child \$52 Penas Blancas Rio Frio/Cano Negro \$65/pp 4 or more \$80/pp 3 people \$105/pp 2 people		<u>Penas Blancas:</u> Includes Transportation - 4 hours 8 am or 2pm is our normal start time. <b>Easy</b> <u>Rio Frio/Cano Negro:</u> Drive your rental car with our guide. Includes Lunch -8 hours <b>Easy</b>
#Horseback Lesson/EponaQuest Equine Faciliated Learning	\$150 full day	<u>Family Rate:</u> \$300 full day	Learn about relationship based riding, how horses are mirrors to our emotional state and understand how standing in our own power with a horse can empower us in our day to day lives.
*# W Cano Negro Back Country Kayak Adventure	2-3persons \$155/pp 4 or more \$145/pp	Full Day Tour. Includes: Transportation, professional guide, breakfast and lunch. Minimum age 10 years. <b>Moderate</b>	
YC Organic and Medicinal Farm Tours, Coffee, Chocolate Tours	Varies	Varies	Ask at desk for current options, schedules and rates. <b>Easy</b>
*# Costa Rica Cooking Tour	\$25	\$15	Join our cooks in the kitchen at the Lava Lizard and learn how to prepare Costa Rican foods. Lunch included. <b>Easy</b>
*YC Asis Wild Life Rescue Center	\$54-volunteer \$31-tour	\$31 5-9 yrs \$18 5-9 yrs	Tour the center or volunteer 0830 or 1pm Reservations required. <b>Easy</b>
# YC Taxi Boat Taxi from/to Monteverde	\$32	Travel by taxi to Lake Arenal and transfer across the lake between La Fortuna and Monteverde. 3 hours. Extra pick up fee from L&L is \$40.	
ATV Tours	\$120	Not a typical ATV tour, it is not nose to tail! This <b>IS</b> the experience you are expecting! <b>Moderate</b>	